





# RANDOM ACTS OF KINDNESS FOR YOUNG PEOPLE

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Smile at everyone you see today.</p>	<p>Offer to do an extra job around the house</p>	<p>Make a Christmas card to give to someone in a rest home</p>	<p>Read a book to a little kid.</p> 	<p>Go through your books and find one to donate to a good cause.</p>
<p>Leave a thank you note and a candy cane for the postie.</p>	<p>Plant something in your garden</p> 	<p>Get up early and make you parents a cuppa.</p>	<p>Make biscuits for your neighbours.</p>	<p>Tell jokes today to make people laugh.</p>
<p>Pick some flowers to give to a friend</p> 	<p>Ring someone you haven't spoken to for a while and have a chat.</p>	<p>Offer to do an extra job at home.</p>	<p>Tidy Your room and sort out your books.</p>	<p>Wash a family car to say "Thanks" for being taken everywhere.</p>
<p>Learn to say "Hello" in another language.</p>	<p>Hold open a door for someone.</p>	<p>Invite another person into your game.</p>	<p>Share a Christmas treat with a friend.</p> 	<p>Give "high fives" to someone who needs cheering up.</p>

## **Pope Francis speaks .....**

Into our beautiful yet wounded world

comes Emmanuel God-with-us.

No matter how broken or seemingly hopeless

our world may sometimes seem,

the Advent messages are rich

with joyful expectation and longing,

insisting that God can and does bring forth life where

*none seems possible."*

Pope Francis "Living Advent with Joy and Peace "

As we journey through Advent

we hold a light

for the darkness in our lives,

in the church and in the world.

It symbolizes our longing,

our desire, our hope.



*Get in touch with the longing deep within you.*

Brought to you by the Catholic Parish of Hastings  
Environmental and Social Justice Group

## **Celebrating Advent**

***Season of Expectation  
and Longing .***

***What is waiting to be born..***

♦ ***In our World..***

***The pandemic offers us***

***Time to see, Time to choose***

♦ ***In our Church.....***

***Synodality offers us***

***Time to dream, Time to discern.***

***We are keeping***

***the vigil of Mystery***